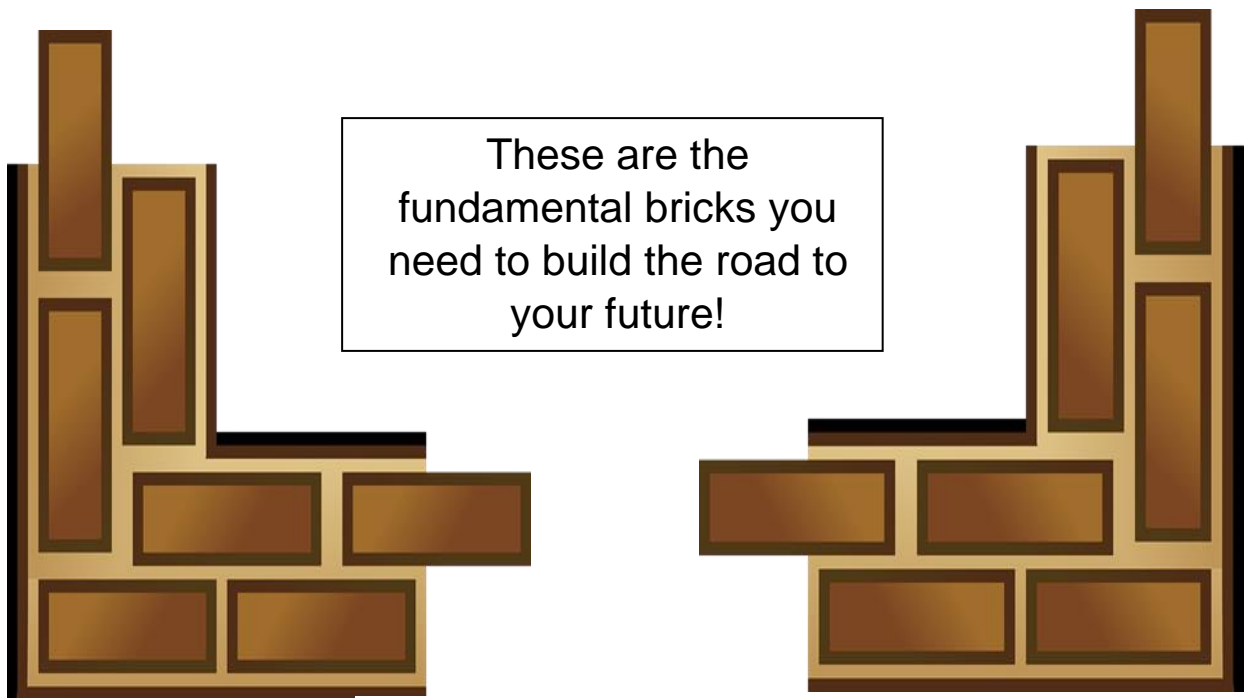


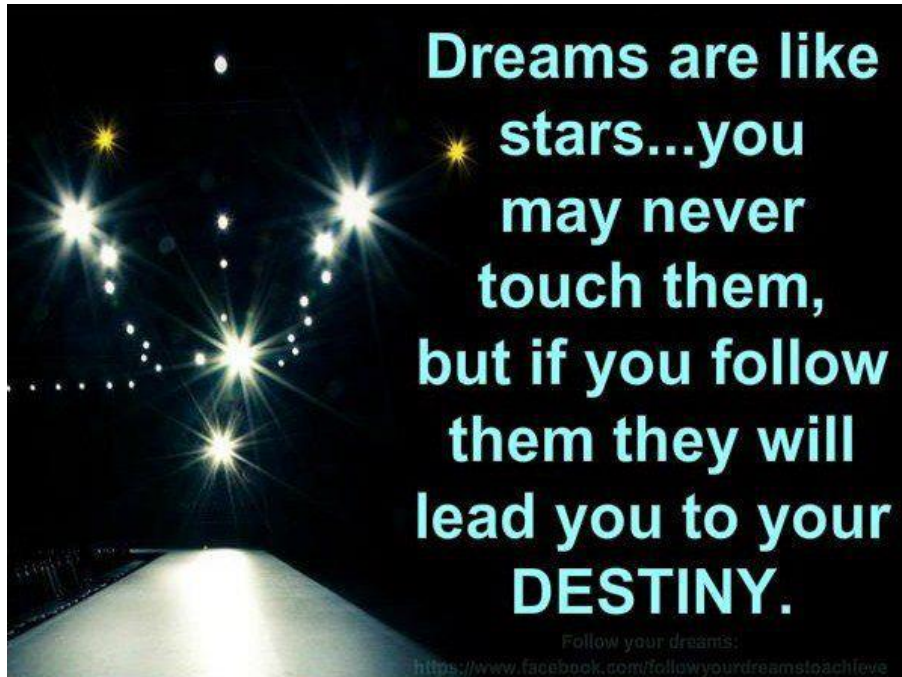
TRANSITIONING FOR OUR FUTURE



These are the
fundamental bricks you
need to build the road to
your future!



WHAT ARE YOUR DREAMS AND GOALS?



- Where do you see yourself or your loved one in the future?
- How do you get there?

The following information will give you some of the tools you will need to navigate through the chaotic processes involved in planning for your future.

DECISIONS THAT NEED TO BE MADE

The following needs to be discussed beginning at age 14:

1. Services for the ages of 18 – 21 and after, at the School Transition Plan
 - Vocational Rehabilitation will be involved
2. Need for Adult DD Services (Day and/or Residential Services)
 - Potential service providers should be invited to the IEP
3. Applying for Social Security
4. Applying for Medicaid (ACCESSNebraska)
5. Need for a guardian, and in what capacity (age of majority is 19 years old)



DOCUMENTS NEEDED FOR ELIGIBILITY PROCESS(ES)

- Certified Birth Certificate (State seal, not hospital)
- Social Security Card
- Medicaid/Managed Care Card
- Driver's License / Identification Card
- Guardianship / Power of Attorney Papers (if applicable)
- Psychological Evaluation or other documentation of disability (educational or medical records)
- Current Physical
- Dental and Vision Exams (if available)
- Real estate tax notices
- Banking information
- Insurance policies
- Other documents that list resources: pay stubs, medical records relating to disability

ACCESSNebraska

To apply for Medicaid and then **I/DD services**, you must use ACCESSNebraska.

<https://dhhs.ne.gov/pages/accessnebraska.aspx>

- Anyone can apply for benefits and handle their Medicaid and Economic Assistance needs on the ACCESSNebraska website from a computer anywhere, at any time. In addition, customers can:
 - Submit required documents, such as financial records;
 - Update information and report changes in their household;
 - Complete renewals and reviews; and
 - View their current benefits through the website.
- ACCESSNebraska customer service staff is available:
 - By telephone from 8 a.m.-5 p.m. Monday through Friday for both Medicaid (855-632-7633) and Economic Assistance (800-383-4298) programs; and
 - Through Automated Benefit Inquiry Systems, available 24 hours a day.
- The Department of Health and Human Services has local offices available for in-person assistance. Most local offices have kiosks and telephones available for your use.

ACCESSNebraska WEBSITE

ACCESSNebraska

06/18/2021

NEBRASKA
Good Life. Great Mission.

Español

Other Useful Links

- DHHS Programs
- Community Services
- Printable Forms
- Community Partners
- ReliaCard
- Contact Us

ation each time you return to this site.

Welcome to ACCESSNebraska:

My Account <ul style="list-style-type: none">View Current BenefitsView CorrespondenceSelect Correspondence Delivery PreferencesComplete Medicaid Renewal	Economic Assistance Application <ul style="list-style-type: none">Complete an application for most DHHS benefitsRe-apply for continuous benefits (Recertification/Review) for DHHS programs except for Medicaid	Developmental Disabilities Application <ul style="list-style-type: none">Complete an application for Developmental Disabilities Services	Healthcare/Medicaid Application <ul style="list-style-type: none">Apply for Medicaid,Federal Insurance Affordability Programs, orQualified Healthcare plans
Do I Qualify? <ul style="list-style-type: none">Online assessment to see which programs may fit your needsDetermine if you qualify for any programs	Submit Documents <ul style="list-style-type: none">Upload/submit documents to DHHSMust be currently applying or receiving benefits to use this feature.	Report Changes <ul style="list-style-type: none">Report changes in your householdMust be currently applying or receiving benefits to use this feature.	

SOCIAL SECURITY BENEFITS

Here is how to apply:

- <http://www.ssa.gov/disabilityssi/apply.html>

Different programs are available with different requirements



ELIGIBILITY FOR I/DD SERVICES

1. In addition to being Medicaid eligible, an applicant must have a developmental disability as defined in state law (Nebraska Revised State Statute §83-1205):
 - A. I/DD is diagnosed by a licensed psychologist or a medical physician operating within the scope of their practice.
 - B. In addition to a diagnosis, applicant must demonstrate substantial limitations in each of the following three areas of adaptive skills:
 - Conceptual skills, which include language, literacy, money, time, number concepts, and self-direction;
 - Social skills, which include interpersonal skills, social responsibility, self-esteem, gullibility, wariness, social problem solving, the ability to follow laws and rules, and avoiding victimization; and
 - Practical skills, which include activities of daily living, personal care, occupational skills, healthcare, mobility, and the capacity for independent living.
 - C. I/DD must begin in the developmental period, which ends at age 22.
 - D. A person's need for DD services and supports must be expected to be lifelong.
 - E. At set times, the state reevaluates whether the person meets requirements. An applicant's eligibility is verified when:
 - The eligible person reaches age of nine; and
 - The eligible person reaches age of 18.

KNOW YOUR OPTIONS

Here are some options to consider during transition planning and after leaving school:

Secondary Education	Employment	Skill Training/Discovery	Services
Vocational Rehabilitation	Jobs in your community	Job Exploration	Career Planning
College	Apprenticeship	Job Shadowing	Job coaching
Job Corp	Internship	On-the-job Work Experience	Benefits Analysis/Planning
	Volunteer Opportunities		On-going Job Support



COMMUNITY LIVING

CHOOSE YOUR OPTIONS

- Support based on needs and request ranging from a few hours a week to 24 hours a day
- Support to learn home maintenance skills
- Support to learn personal care skills such as cooking, dressing, hygiene, finances, etc.
- Apartment or house living
- Alone or with a roommate
- Home ownership
- Specialized Service Providers
- Supports in your family home
- Living with another family
- Dorm living



**A dream
becomes a goal
when action is
taken toward
achieving it...**

I/DD SERVICES

Day services include an array of options, ranging from prevocational services, supported employment, habilitative workshop, and habilitative community inclusion.

Residential services include a variety of options and can be provided wherever the person lives, whether with family, on his/her own, with friends, or in a provider-operated setting. Respite services may also be provided.

RESOURCES

RESOURCE/AGENCY	PHONE NUMBER
ACCESSNebraska	www.ACCESSNebraska.ne.gov
The Arc of Nebraska	402-475-4407
Assistive Technology Partnership (ATP)	877-713-4002 or 402-471-0734
Disability Rights Nebraska	800-422-6691
Economic Assistance	800-383-4278
Hotline for Disability Services	800-742-7594
Housing Resource Specialist	402-904-7847
Independent Living Council	402-438-7979
Medicaid	855 632-7633
Munroe-Meyer Institute	800-656-3937
Parent Training Information Nebraska (PTI)	800-284-8250
People First of Nebraska	402-559-4892